



# THE DRUMMER



[www.senecarocksaudubon.org](http://www.senecarocksaudubon.org)

**Volume 40-3 ~ Fall**

**September-November 2024**

**SRAS ~ PO Box 148 ~ Clarion, PA 16214**

**Editor, Cindy Bonner**

## **President's Message from Alice Thurau**

Congratulations and a huge thank you to our officers! All of our officers agreed to another two-year term, July 2024-July 2026, and were re-elected at the meeting on June 12. Your officers are President, Alice Thurau; Vice-President, Vickie Gotaskie; Treasurer, Cindy Bonner; and Secretary/Membership, Kay John.

Thanks to our wonderful volunteers, Seneca Rocks Audubon had a full slate of activities earlier this summer. We staffed our table at multiple community events, hosted free nature programs, led bird walks, provided youth activities, sold native plants, and planted a native flower garden at a community park. Whew! We've included some photos for your enjoyment.

This fall, we've got a great line-up of speakers at the Clarion Free Library and more outings to enjoy. Programs start at 6:30 p.m. in the lower conference room. Here's the line-up:

- Wednesday, Sept. 11 – Dr. Susan Prezzano – “Star Gazing, or What Else Can I see with My Binoculars?”
- Wednesday, Oct. 9 – Chris Kubiak – “Winter Birds”
- Wednesday, Nov. 13 – Julie Travaglini – “Owls of Pennsylvania”
- Wednesday, Dec. 11 – “Members' Night”

Here are some fun and friendly outings for seeing birds with others:

- Aug. 16 -early Sept. – Nighthawk Watch at the Oil City Marina, nightly at 6:30-8:30 p.m.
- Aug. 17-early Sept.– Nighthawk Watch, Mill Creek Boat Launch, nightly at 6:30-8:30 p.m.
- Wednesday, November 6 – Owl Prowl, 6 p.m. (weather date, Nov. 7)
- Saturday, December 14 – 38<sup>th</sup> annual Christmas Bird Count

Mark your calendars now and join us! All of our events are free and open to the public. Read more about the events and get directions at <https://www.senecarocksaudubon.org/>.

## **Bird Seed Sale**

Please consider ordering your bird seed through our Fall Bird Seed Sale. It's a double win for the birds and Seneca Rocks Audubon! Order with our order form, which you'll soon receive via email and then pick it up at J&J Feeds (Shippenville or Brookville) from Saturday, September 21 to Saturday, September 28. Thank you!

## **Christmas Bird Count**

Coverage Map: <https://www.senecarocksaudubon.org/christmas-bird-count>

The Christmas Bird Count team is looking for a captain for a CBC route on December 14. If you're interested or know someone who might be, please email our CBC Field Coordinator, Mal Hays at [malhays54@gmail.com](mailto:malhays54@gmail.com).

Welcome to our new Christmas Bird Count Feeder Watch Coordinator, Cindy Bonner. If you'd like to participate in the CBC from the comfort of your own home, please email Cindy at [bonners74@comcast.net](mailto:bonners74@comcast.net) for a Feeder Watch form and instructions.

## SRAS Membership

By Kay John

Seneca Rocks Audubon Society memberships are available on a year-to-year basis that begins in August and continues through the following July. Individual memberships are \$10 and a family membership is \$15. Dues for 2024-2025 memberships will be collected beginning in August 2024 and collection continues through October but, you may join at any time!

A membership application is available on the SRAS website under Support, Become a local SRAS member.

[https://www.senecarocksaudubon.org/files/ugd/f3fba6\\_88f0a2d3ffe14e8ea7c297bc846f78b4.pdf](https://www.senecarocksaudubon.org/files/ugd/f3fba6_88f0a2d3ffe14e8ea7c297bc846f78b4.pdf)

Member benefits are many and include receiving emails concerning upcoming events such as programs and field trips and also receiving information about any rescheduling or cancellations. Memberships also help pay the costs of non-local speakers, contributions for the meeting room, insurance and also bird and nature books for local school libraries. Favorite yearly activities include our Membership Picnic that is held in August at the Clarion County Park and our Member Night that is held at the Clarion Library in December.

Please consider a Seneca Rocks Audubon Society membership! Call Chapter Contacts Alice Thureau (814-319-2677), Mike Leahy (814-229-1648), or Kay John/ Membership (724-526-5960).

### Birdathon ~ May 11-18, 2024

SRAS members Alice Thureau, Paulette Colantonio, Michael Leahy, Jim McGuire (along with several friends), and Cindy Bonner participated in the 2024 Birdathon. Several species were unique to two of the lists.

#### Paulette & Michael

American Woodcock  
Barred Owl  
Common Loon  
Grasshopper Sparrow  
Henslow's Sparrow  
Lesser Yellowlegs  
Mourning Warbler  
Purple Martin  
Ruddy Duck  
Sandpiper species (unidentified)

#### Jim McGuire and friends

Bay-Breasted Warbler  
Belted Kingfisher  
Black-Throated Blue Warbler  
Blue-Gray Gnatcatcher  
Broad-Winged Hawk  
Carolina Wren  
Cerulean Warbler  
Cliff Swallow  
Cooper's Hawk  
Dark-Eyed Junco  
Eastern Screech-Owl  
Great Blue Heron  
Green Heron  
Least Flycatcher  
Louisiana Waterthrush  
Magnolia Warbler  
Nashville Warbler  
Northern Parula  
Northern Rough-Winged Swallow  
Northern Waterthrush  
Pine Warbler  
Purple Finch  
Solitary Sandpiper  
Spotted Sandpiper  
Swainson's Thrush  
Warbling Vireo  
White-Crowned Sparrow  
White-Eyed Vireo  
White-Throated Sparrow  
Wood Duck  
Yellow-Throated Vireo  
Yellow-Throated Warbler

### 2nd Annual Flo's Forest County Migration/Birdathon

On May 11th, Team Flo conducted the 2nd Annual Flo's Forest County Migration Count/Birdathon. A total of 112 species were seen or heard. The three crews were Kim and Jim Springer of Mercer County and who have a camp at West Hickory, Carole Winslow was with Alice Thureau and Alie Lewandowski and the third group was Tom and Janet Kuhle of Westmoreland County but who also have a camp outside of Tionesta and Jim McGuire. All three groups saw 55 of the species seen, while Kim and Jim Springer added BB Cuckoo, Great Blue Heron, Red Tailed Hawk, Am. Kestrel, Eastern Kingbird, Cliff Swallow, Northern Mockingbird (a rare find), Swainson's Thrush, House Finch, White-Throated Sparrow, Northern Waterthrush and Cerulean Warbler (probably the one we couldn't catch with Scott last year). Carole's team saw the only Red-Shouldered Hawk, Purple Finch, Cape May

and Pine Warblers. Tom, Janet and Jim also saw a Pine Warbler and Tom and Janet did some early morning owling and were rewarded with our only Eastern Screech Owl. Rod Daum, a sponsor and feeder watcher added the only White-Crowned Sparrow. Three other sponsor/feeder watchers added to the total bird count but not to the species count. The team is proud to have raised \$600 for Seneca Rocks! For a list of all birds seen click on the link: <https://ebird.org/tripreport/244502>



### Herb Festival

SRAS volunteers sold nearly 200 native plants at the Herb and Fiber Festival, June 1-2. Pictured are Vickie Gotaskie, Paulette Colantonio, Jerry Cichocki, and Alice Thurau. Missing from the photo are Liz Brocious and Nancy Cichocki. Festival goers also browsed the native plant information at the table.



### Second Avenue Park, Clarion

Here's the SRAS volunteer crew who worked hard to plant the new native pollinator garden at the Janice Horn Memorial Park, Second Avenue, Clarion, on June 3. Pictured are Vickie Gotaskie, Kathy Ellwood Croskie, Joseph Croskie, Liz Brocious, Nancy and Jerry Cichocki. Not pictured are Alice Thurau and Keith Hileman.

A ribbon cutting/grand opening of the South Second Avenue Park playground section was held on Friday, June 14th.

### Second Avenue Park Flowers

The garden is now blooming and even attracting a hummingbird.

Signs have been placed that identify the common name, Latin scientific name, and what is attracted to the flower.



## Flo McGuire Memorial Walk

*By Paulette Colantonio*

Tuesday, June 4th, was a perfect day for a birding excursion in the Redbank Valley Trails System. The weather was fair with an occasional breeze, perfect for hearing and sighting birds. Eight birders rendezvoused in the parking lot at Lawsonham to hike on the Sligo Spur of the trail at 9 o'clock in the morning. These individuals, friends and members of the Seneca Rocks Audubon, gathered to remember Flo Maguire, a long-time active member of the birding group of Clarion County who died on March 15, 2022. This area was one of Flo's favorite birding spots.



Roger Higbee, Margaret Higbee, Carol Gupa, Carole Winslow, Jim McGuire, Alice Thureau, Paulette Colantonio, and Vickie Gotaskie



Jim McGuire with Flo's poster

As people assembled to begin the trek, an American redstart, a male Black-and-white warbler, and Black-capped chickadees sang repeatedly. A park bench about a mile up this trail was the destination of the group. On the back of the bench is a plaque with the inscription, "Enjoy the Birds and Nature as Flo Did." Seneca Rocks Audubon donated the plaque not only to honor Flo's contributions to the organization, but also to reflect the love she had for birds and nature. The words were composed by her husband, Jim. At the bench, participants remembered Flo and their interactions with her over the years. Jim baked delicious vegan chocolate chip cookies for everyone, Flo's recipe.

As people departed at different times, bird song still echoed in the evergreen and deciduous trees and small open grass areas. At the bridge, a Louisiana waterthrush sounded, completing a special outing for all who attended.



Thanks to leaders Mal Hays and Larry Towse, an amazing number of birds were seen on the Mill Creek Walk on June 8th. Pictured are Mal, Vickie Gotaskie, Lynn Giering, and Larry.

Big kid volunteers entertained and educated little kids at Clarion Summerfest's Kid and Family Zone on June 8.



The Bird-Friendly Habitat team planted a pocket pollinator garden along Crooks Clothing (Sixth Avenue, Clarion)

## Firefly Festival 2024

*By Jim McGuire*

Seneca Rocks member Jim McGuire led two bird walks for the festival campers on June 23rd and the 26th. He was assisted on Sunday the 23rd by Kim and Jim Springer of Mercer County, but who have a camp in the Tionesta area. Then on Wednesday the 26th Margaret and Roger Higbee of Indiana County joined Jim to help lead the second walk. Both days were enjoyable to the visiting firefly campers who came from all over the country just to see the Synchronous Fireflies. Also, after the walk, Jim was able to take Margaret and Roger to a nearby spot for Margaret to find Swainson's Thrushes for her year bird list!

The main Festival days were Friday and Saturday evening on the 28th and 29th. Jim and Vickie Gotaski set up our Seneca Rocks display Friday and featured information on Native Plants and Bird Window Collisions. There was an interesting exchange of ideas and solutions from the visitors to the display about their own experiences with native plants and window strikes. Kelly Culbertson meant to help on Saturday night but unfortunately followed her GPS to a dead end road! Google maps hasn't caught up to the fact that Salmon Creek Road has not been a through road for about five years. The US Forest Service does not plan on repairing the section of road damaged by a landslide. Interestingly Margaret and Roger could not find the Firefly Festival Farm last year by following their GPS. So let that be a warning to be careful following your GPS in rural areas. To see what birds were seen click on the ebird trip report link: <https://ebird.org/tripreport/264312>.



## Upcoming Fall Programs sponsored by SRAS

### "Star Gazing, or What Else Can I See with My Binoculars?"

*Dr. Susan Prezzano ~ 6:30 p.m., Sept. 11, 2024, at the Clarion Free Library*

You might assume that to observe the treasures of the night sky you need to buy an expensive telescope and spend many weeks learning complicated astronomical information. If you are a birder and own a pair of binoculars, you already have one of the best types of equipment needed to observe the heavens.

In this presentation, you will learn how to use your binoculars, what resources are available to help you observe, and what celestial objects are within reach of binoculars.

Susan Prezzano is a retired professor of anthropology at PennWest-Clarion University. She specializes in the archaeology east of the Mississippi and has worked on projects in Italy, Antigua, California, and all over the southeast and northeast of North America. Her interest in astronomy started at the age of 14. She began actively observing the heavens when the passage of comet Hale-Bopp in 1997 rekindled her love of stargazing.



Andromeda galaxy as viewed from western Pennsylvania.  
Photo by Susan Prezzano.

### "Winter Birds"

*Chris Kubiak ~ 6:30 p.m., October 9, 2024, via live Zoom at the Clarion Free Library*

What birds hang around all winter? What do they eat? When can we expect our migrants to pass through or come back? How can we identify key species? This program will cover information from Project Feederwatch and the Christmas Bird Count, and include our region's top 20 bird species.



Chris Kubiak is Director of Education at Audubon Society of Western Pennsylvania. He's a native Pittsburgher and life-long enthusiast of Pennsylvania's rich biological heritage. He's been an active outdoor enthusiast for the past 25 years in Western Pennsylvania. Chris combines a love and passion of birds and nature with his nonprofit and research experience at Audubon Society of Western Pennsylvania.

He also has an academic interest in climate change and its impacts upon humans and ecosystems.

Before joining Audubon, Chris worked as an independent historical researcher and as an adjunct history professor at both CCAC and Robert Morris University. Chris earned a Bachelor of Arts in History from the University of Pittsburgh, and a Master of Arts in History from Slippery Rock University.

Chris and his wife, Sarah, currently reside in Butler, PA with their two kids, Maddie and Ewan. Chris and Sarah also manage 8 acres of apple orchards for cider production.

## "Owls of Pennsylvania"

*Julie Travaglini ~ 6:30 p.m., Nov. 13, 2024, via live Zoom at the Clarion Free Library*

Talons and feathers and killer eyesight, oh my! From the tiny Screech Owl, to the "tiger of the sky" Great Horned Owl, explore the amazing characteristics of PA's 8 owl species.

Julie is the Senior Director of Education and Curriculum for the Allegheny Land Trust (ALT). She has been a leader and innovator in environmental education for 18 years. With advanced degrees in science and teaching, she has been able to merge her passion for conservation and children into a career creating future Earth stewards. She creates standards aligned, hands-on environmental science programming for ages pre-k to grey, as well as state accredited professional development workshops for educators.

Aside from her work with ALT, she is a community leader serving on the Board of Directors or committees for multiple state and national organizations including her current role as President of the Pennsylvania Association of Environmental Educators (PAEE). She has won multiple awards for her work in the environmental education field. She recently self-published a children's book called Super Skills of Backyard Bugs, available on Amazon.

Julie Travaglini combines fun and education at her job as Director of Education at the Allegheny Land Trust.



## Programs at Cook Forest State Park

- Friday, August 23, at 8:00 a.m. - 'Allegheny River Big Trees & History Float: Buckaloons-Thompsons Island'
- Saturday, August 24, at 8:00 a.m. - 'Discovering Unique Attributes of Our Local'
- Friday, August 30, at 8:30 a.m. - 'Clarion River Boating Program.: Arroyo Bridge-Spring Creek'
- Friday, August 30 at 1:00 p.m. - 'Fire Tower/Seneca Point Historical Tour'
- Saturday, August 31 at 2:30 p.m. - 'A Walk Through the Forest Cathedral'
- Saturday, August 31 at 8:30 p.m. - 'Man Eating Bugs'
- Sunday, September 1 at 11:30 a.m. - 'Fire Tower/Seneca Point Historical Tour'
- Friday, September 13 at 1:00 p.m. - 'Fire Tower/Seneca Point Historical Tour'
- Saturday September 14 at 10:00 a.m. - 'Friends of Cook Forest Series: Introduction to Qi Gong'
- Saturday September 21 at 9:00 a.m. - 'Friends of Cook Forest Series: Clarion River Clean Up'

For more details about these programs, go to the Cook Forest State Park website at:

[https://events.dcnr.pa.gov/cook\\_forest\\_state\\_park](https://events.dcnr.pa.gov/cook_forest_state_park)

## Member Picnic

Members enjoyed delicious food, great conversations, and outstanding weather at the annual picnic on August 14. Special guest was Tess Wilson, Network Engagement Coordinator for Audubon Mid-Atlantic. Many thanks to Mike Leahy for his nonstop grilling and beautiful flowers.

Alice and Tess



**A Robin's Tale**  
*By Cindy Bonner*



My house sets quite far back from the street. I have 2 planters on the front porch posts, but because sun hits one side a lot more than the other, I've never been able to grow flowers that look nice in both. I have resorted to artificial flowers. This year, a Robin decided that one of the pots would make a great place to build a nest, and I have had the privilege of watching a family grow, and I hope you enjoy it, too.

The mother Robin was taken through a window so I didn't disturb her, hence the slight fuzziness. The first 2 photos below were taken on 06/22/24. All other photos show the dates taken below each photo.



06/25/24



06/26/24



06/27/24



06/28/24



07/08/24

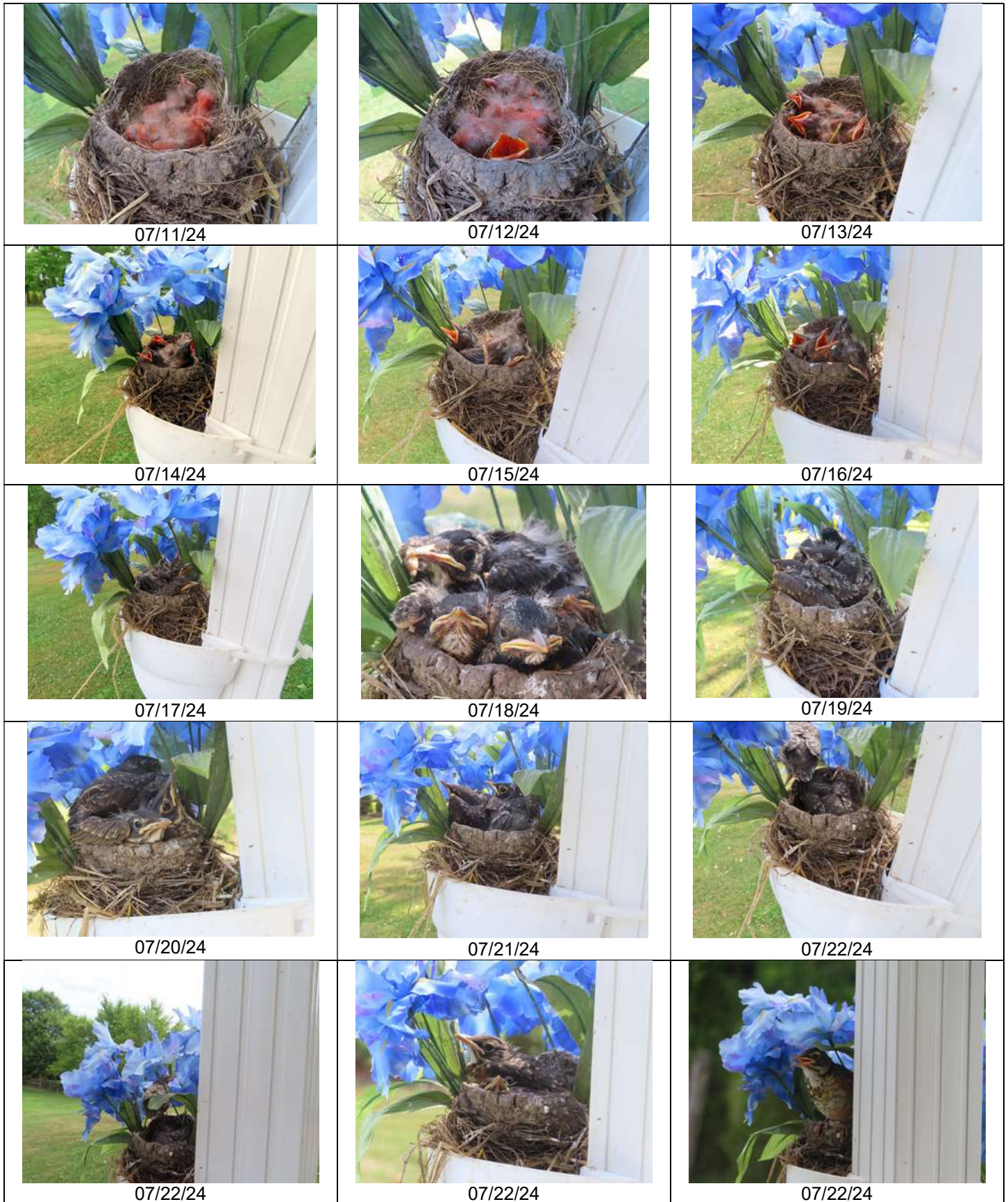


07/09/24



07/10/24





On the final day, 07/22/24, I watched as all the babies left the nest. The last one seemed very nervous at leaving while I could hear the mother calling in the yard. After many unproductive videos, I finally captured the last one leaving on video. <https://youtu.be/YKZcnM0YFO0>

## Seasonal Sightings (September-November)



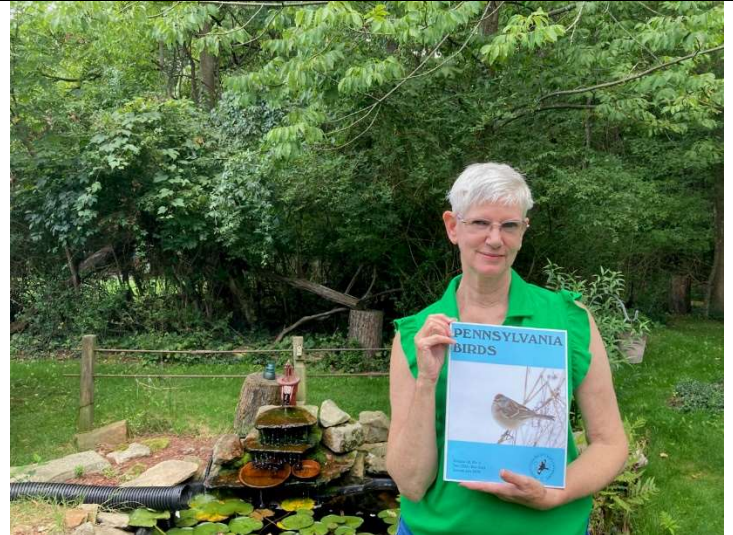
Hooded Warbler, 09/14/23, Photo by Meg Kolodick



Ovenbird, 09/11/23, Photo by Meg Kolodick



Ring-Necked Pheasant, 10/25/17, Photo by Cindy Bonner



Meg Kolodick, holding a magazine that features her photo of an American Tree Sparrow. SRAS is fortunate to feature many of Meg's beautiful photos in the Drummer.



Wilson's Warbler, 09/07/18, Photo by Meg Kolodick



Black & White Warbler, 09/11/23, Photo by Meg Kolodick

*I think we consider too much the good luck of the early bird  
and not enough the bad luck of the early worm. ~ Franklin D. Roosevelt*

## The Poetry Corner

### After Storms

By Byron Hoot

The robins are in the yard.  
The grass is wet, the ground  
opening up. A cornucopia  
an after-storm provides.  
I watch the robins.  
Bow slightly. Sigh.



Photo by Cindy Bonner

### My Hillock Seat

By Tabassam Shah

I nestle  
In this grove of birch  
Bark brushed with sun gold  
Emanating from a rough pile of twigs  
The tinkle of fairies  
My musical accompaniment  
When the fairies pause  
Intermittent guttural calls of ravens  
Punctuate the silence  
On the ground  
A flicker feasts on an ant mound  
His black belly spots throbbing in the sun  
My mossy hillock seat slowly sinking  
Full absorption gripping me  
Gratitude grounding me

[tshahpoetry@gmail.com](mailto:tshahpoetry@gmail.com)

<https://www.tabassamshah.com/>

FB/IG @tabassamshahpoetry

### The Robin

A Haiku Poem by Paulette Colantonio

Paulette said, "This robin keeps me company  
most mornings."

Orange-breasted songster  
interrupting prayer... or  
An invitation

### By the Light of the Stars

By Patricia Thrushart

The bright-winged warblers will  
leave soon, south for their wintering  
grounds, away from their twig-woven nests,  
the cool forests of hemlock and oak,  
their eggs cracked open,  
fledglings gone.

*I know how silent the woods will be  
for the loss of their song.*

Another woman waits for  
them under the tropical sun;  
who looks for the slightest dip of a  
frond in the crown of the palms,  
the flit of drab feathers,  
the buzz of recognition.

They come silent-throated among  
the coffee plants. She will rejoice  
to know they lived to return  
by the light of the stars,  
that she lived one more year  
to greet them.



Cape May Warbler, Photo by Meg Kolodick

## Bewildering Birds

### Is that a Downy Woodpecker or a Hairy Woodpecker?

*This information is from a Birds & Blooms newsletter. Photos of individual birds by Meg Kolodick.*

Identifying a Downy vs. Hairy Woodpecker can be a challenge, but once you know what to look for, it's not so tough after all! The two Woodpeckers live side by side throughout most of North America, but the Downy is a more frequent backyard visitor.

Wearing remarkably similar patterns, Hairy and Downy Woodpecker males both have a red spot on the back of the head, unlike the females shown above. When they're not seen together like this, the size difference between them may not be obvious.

*This size comparison photo from Birds & Blooms site.*

#### Downy vs Hairy Woodpecker: Look at the Plumage

Look for black spots on a Downy Woodpecker's white tail feathers. Smartly patterned, with a touch of red on the males, black and white Downy Woodpeckers and Hairy Woodpeckers look remarkably similar to each other. Both Downies and Hairies have black central tail feathers and white outer tail feathers, but there are a few sneaky clues to differentiate between the two. Downy Woodpeckers have a few black bars or spots on their white outer tail feathers, while the outer tail feathers on the Hairy are usually plain and unmarked.



*Hairy*



*Downy*

#### Size Them Up: Woodpecker Beaks

The Hairy Woodpecker is distinctly larger than its Downy cousin – about 9 inches from the tip of its bill to the end of its tail. (To compare, the Downy Woodpecker is about 6 1/2 inches long.) Their size difference is surprisingly hard to see, except when they're side by side, which doesn't happen often.

A more reliable way to notice their size differences is to look at the shape of their bills. The Downy has a tiny, stubby beak, barely as long as the distance from the front of its head to its eye. The Hairy Woodpecker's bill is much longer and stronger, nearly as long as the bird's head.

#### Did You Know?

There are seven species of woodpeckers in Pennsylvania. You can find the Red-headed Woodpecker, Red-bellied Woodpecker, Northern Flicker, Downy Woodpecker, Pileated Woodpecker, Hairy Woodpecker, and Yellow-bellied Sapsucker.





**LEADERSHIP TEAM**

TEAM MEMBER	ROLE
Alice Thureau	President, Webmaster & Bird-Friendly Habitat (BFH)
Vickie Gotaskie	Vice-President & BFH
Cindy Bonner	Treasurer, Drummer Editor & CBC Feeder Watch
Kay John	Secretary & Membership
Paulette Colantonio	Education & BFH
Pat Conway	Facebook & History
Gary Edwards	Outreach Programs
Mal Hays	Outings & CBC Field Coor.
Nick Kolodick	Christmas Bird Count (CBC)
Michael Leahy	IBA 21 Piney Tract
Jim McGuire	CBC Compiler
Ron Montgomery	Outreach Programs
Larry Towse	Outings
Jim Wilson	Nest Boxes/Feeders
Carole Winslow	PSO Clarion Co. Compiler

To contact one of the team members, send an email to their attention to [senecarocksaudubon@gmail.com](mailto:senecarocksaudubon@gmail.com)

*The Drummer* is the newsletter of Seneca Rocks Audubon Society (SRAS).  
*The Drummer* is available on our website in Adobe pdf  
 and may be read or downloaded from the site: [www.senecarocksaudubon.org](http://www.senecarocksaudubon.org).

<u><i>The Drummer</i> is published 4 times per year</u>	<u>Submission Deadlines</u>
Winter (December-February)	November 15
Spring (March-May)	February 15
Summer (June-August)	May 15
Fall (September-November)	August 15

Members are encouraged to contribute announcements, articles, photos, etc. to Editor, Cindy Bonner, 1000 Lincoln St., Sligo, PA 16255 or email [bonners74@comcast.net](mailto:bonners74@comcast.net).

*Like us on Facebook*

<https://www.facebook.com/SenecaRocksAudubon>

*“I’d rather learn from one bird how to sing  
 than teach ten thousand stars how not to dance.”*

*E. E. Cummings (American poet, painter, essayist, author, and playwright)*

## Who Likes What Seeds?

*Note: You can print just this page, if you want.*

	Black Oil Sunflower	Cracked Corn	Sunflower Chips (fine)	Sunflower Chips (medium)	Nyjer	Red Milo	Safflower	Striped Sunflower	White Proso Millet	Peanuts
American Goldfinch	2		1	1	1					
Black Capped Chickadee	1		3	2			3	3		
Blue Jay		2						3		1
Dark-Eyed Junco	3	3	2	2	2	3			1	
Downy Woodpecker	3		1	1				3		2
Evening Grosbeak	1			2			1	3		
House Finch	1		2	2	2		1	1		
Mourning Dove	2	3	2	3	2	3	2	3	1	
Northern Cardinal	1		3	3			2	2		
Pine Siskin	2		1	1	1					
Purple Finch	1		2	2	1		2	3		
Red-Breasted Nuthatch	1		1	1				3		3
Red-Winged Blackbird	2	2	3	3				3	1	
Rose-Breasted Grosbeak	1							2		
Tufted Titmouse	1		3	1			2	1		1
White-Breasted Nuthatch	1		1	1			3	1		1

### NOTES:

- The number under the seed designates 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> choices.
- Nyjer is popular with most types of finches, including the occasionally irruptive Pine Siskin and Common Redpole.
- Jays and Woodpeckers will gladly gobble up peanuts in mixes or on their own.
- Longing for Grosbeaks? Safflower mixed with Sunflower will deliver.
- Striped sunflower seeds are big and have a lower fat content than black oil sunflower seeds, making them less appealing.
- Providing purely the seed meat without the shell, sunflower chips are a hit with a variety of birds.
- White proso millet is favored by many species of sparrows and that includes juncos.

[https://www.audubon.org/news/who-likes-what-favorite-birdseed-feeder-regulars-and-rarities?ms=digital-eng-email-ea-newsletter-engagement\\_20240223\\_joy-of-birds\\_&utm\\_source=ea&utm\\_medium=email&utm\\_campaign=engagement\\_20240223\\_joy-of-birds&utm\\_content=&emci=00ba4d6c-57d2-ee11-85f9-002248223794&emdi=c58eb9ff-7ed2-ee11-85f9-002248223794&ceid](https://www.audubon.org/news/who-likes-what-favorite-birdseed-feeder-regulars-and-rarities?ms=digital-eng-email-ea-newsletter-engagement_20240223_joy-of-birds_&utm_source=ea&utm_medium=email&utm_campaign=engagement_20240223_joy-of-birds&utm_content=&emci=00ba4d6c-57d2-ee11-85f9-002248223794&emdi=c58eb9ff-7ed2-ee11-85f9-002248223794&ceid)